



NEED A HAND?

YOUR IMPACT STUDENT LIFE ASSISTANCE PROGRAM

CONFIDENTIAL & AT NO COST TO YOU

**Access your IMPACT Student Life Assistance Program (SLA)
24/7/365**

866-780-0855

IMPACT
Student Life Assistance[®]
An AllOne Health Company



IMPACT

Student Life Assistance[®]
An AllOne Health Company

LIVE, IMMEDIATE ASSISTANCE

Call 24/7/365 to speak to a licensed professional counselor.

866-780-0855

LIFE/WELLNESS COACHING

A Life Coach can help you develop & achieve life goals that impact your wellbeing such as mindfulness training to improve your resilience to stress, nutritional guidance, caregiver support, tobacco cessation, enhancing self-confidence and motivation, time management and more. *(Subject to your Student Assistance Program counseling session model)*

MEDICAL ADVOCACY

A Medical Advocate offers support as you navigate the health care system. Help with insurance navigation, health care transportation, durable medical equipment, discharge planning, medical appointment preparation, advocacy and research.

FINANCIAL & IDENTITY THEFT CONSULTATION

Financial counselors can help with a wide range of financial concerns including identity theft, tax consultation, debt management, budgeting, bankruptcy prevention, housing issues, student loan education and more.

LEGAL CONSULTATION

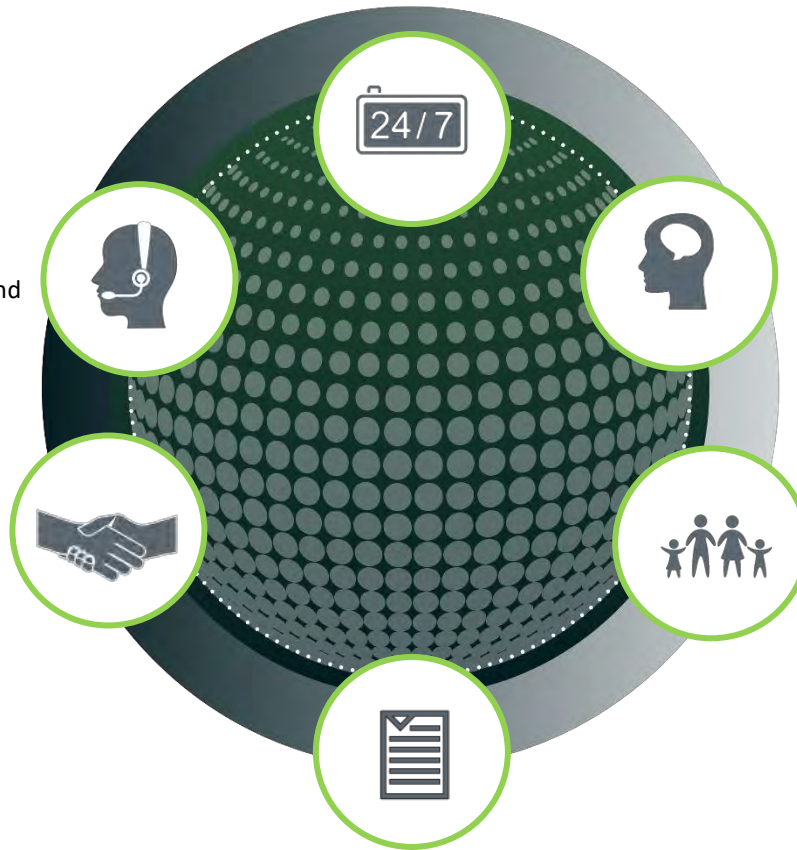
Complimentary 30-minute consultation with a licensed attorney in your state. Discounts on most on-going legal services.

MENTAL HEALTH COUNSELING

Up to 3 complimentary counseling sessions per student, per occurrence with face-to-face and virtual appointment options. Virtual appointments scheduled within 24-48 hours in most cases.

DAILY LIVING REFERRAL SERVICES

Trained specialists provide information, resources, and referrals on a wide range of daily living needs. Services include expert advice and perspective on how to approach a child, adult or elder care situation as well as 3 to 5 prescreened list of providers.



**ALWAYS AVAILABLE, CONFIDENTIAL &
AT NO COST TO YOU!**

24/7 SUPPORT: 866-780-0855



**WESTCLIFF
UNIVERSITY**
Educate. Inspire. Empower.

IMPACT Student Life Assistance Program

confidential, professional support for student/life matters

It can be frustrating when personal problems surface; or when you are feeling stressed, maybe near burn-out, and it is unclear where to turn for help. When challenges arise in our life that are difficult to deal with, it is comforting to have someone to talk to.

Westcliff University is proud to make available to you the IMPACT Student Life Assistance Program, offering confidential support when you need it most.

Professional support is available on an unlimited basis, offering you peace of mind that there is always someone to talk to, 24 hours a day, 365 days a year. Counseling (face-to-face, video, phone or chat) is also available, with up to 3 sessions included per problem occurrence.

Additional Services include:

- » Financial Counseling
- » Legal Assistance
- » Identity Theft Prevention and Recovery Services
- » Resource and Referral Services for Child and Eldercare
- » Life/Wellness Coaching
- » Medical Advocacy

Please detach and retain the wallet cards below in an accessible location as a reference for when you need to connect with your Student Life Assistance Program.

When you need assistance, we are here for you!

Your IMPACT Solutions Team

IMPACT Student Life Assistance Program
confidential, professional
support for student/life matters 

Call 24/7 for live immediate assistance
866-780-0855 Provider ONLY phone line: 866-780-0854

Your IMPACT Student Life Assistance Program includes up to 3
counseling sessions per issue.

IMPACT
Student Life Assistance®
An AllOne Health Company

IMPACT Student Life Assistance Program
confidential, professional
support for student/life matters 

Call 24/7 for live immediate assistance
866-780-0855 Provider ONLY phone line: 866-780-0854

Your IMPACT Student Life Assistance Program includes up to 3
counseling sessions per issue.

IMPACT
Student Life Assistance®
An AllOne Health Company