

Orange County Community Assistance/Mental Health Resources

If you have an emergency please dial **911**
If you have a mental health emergency dial **988**

Hotlines/Helpines

| | | |
|---|--|---|
| Alcohol & Drug Helpline 1-800-821-4357 | CA Resource Line 211 | <u>National Suicide Prevention Lifeline</u> English: 1-800-273-TALK (8255) Spanish: 1-888-628-9454 |
| National Domestic Violence Hotline 1-800-799-SAFE (7233) | Disaster Distress Helpline 24 HR Crisis Counseling 1-800-985-5990 | Crisis Text Line WhatsApp Text HOME to 741741 |
| Community Legal Aid SoCal 1-800-834-5001 | OC Links (Referrals) Helpline 1-855-625-4657 | Trevor Line – Crisis Hotline for LGBT Youth 1-866-488-7386 |
| Postpartum Support International (PSI) 1-800-944-4773 | <u>National Sexual Assault Hotline</u> 1-800-656-4673 | Women's Transitional Living Center Hotline 977-531-5522 |
| <u>Human Options</u> – Domestic Violence Hotline Bilingual 1-877-854-3594 | The National Grad Crisis Line 1.877.GRAD.HLP (1.877.472.3457) | Special Education Rights Hotline (U.S. Department of Education) 800-926-0648 Videophone Line: 916-374-7182 (deaf/hard of hearing) |

Other Resources

| | | |
|--|--|---|
| Child Protective Services-OC Discuss or Report 1-714-940-1000 or 1-800-207-4464 | Elder/Disabled Adult Protective Services-OC 1-800-451-5155 | Evaluation & Treatment Services (ETS) [Emergency Psychiatric Evaluation] 1-714-834-6900 |
| Trauma Intervention Programs 1-714-314-0744 | <u>Waymakers (formerly Community Service Programs, Inc.)</u> (949) 250-0488 | <u>Crisis Text Line</u> Text HOME to 741741 |

Drug and Alcohol Referrals

| | | |
|--|---|--|
| Alcoholics Anonymous OC 1-714-556-4555 | Clear Life Recovery 844-964-1409 (Most insurances accepted) | Cornerstone of Southern California 1950 E. 17th St., Ste. 150, Santa Ana, 92705 714-844-5588 |
| Narcotics Anonymous OC 1-714-590-2388 | New Directions for Women 800-312-5499 24HRS | Phoenix House 1207 E. Fruit St., Santa Ana, 92701 1-714-953-9373 |

| Domestic Violence & Human Trafficking Resources | | |
|---|--|---|
| <p>Laura's House 999 Corporate Dr., Ste. 225, Ladera Ranch, 926494 1-949-361-3775</p> | <p><u>Orange County Human Trafficking Task Force (OCHTTF)</u> 1-888-373-7888</p> | <p><u>Child Protective Services-OC</u> 1-714-940-1000 or 1-800-207-4464</p> |
| <p>Interval House for Battered Women OC: 1-714-891-8121 LA: 1-562-594-4555</p> | <p>Restraining Orders 1-714-935-7956</p> | <p><u>Women's Transitional Living Center, Inc. (WTLC)</u> Bilingual Helpline 1-877-531-5522 Email: info@wtlc.org</p> |
| LGBTQIA+ Resources | | |
| <p><u>The LGBTQ Center OC</u> 1605 N. Spurgeon St., Santa Ana, 92701 714-953-LGBT (5428) Counseling 714-953-5428 x330 Email: info@lgbtqcenteroc.org</p> | <p>Radiant Health Center 17982 Sky Park Circle, Ste. J, Irvine, 92614 1-949-809-5700</p> | <p><u>UCI Pediatric Gender Diversity Program</u> 1 Medical Plaza Dr., Irvine, 92697 1-714-456-6025</p> |
| <p>OC Accept 2035 E. Ball Rd., Ste. 100-C, Anaheim, 92843 1-714-517-6100</p> | <p>CHOC GPS Program 1120 W. La Veta Ave., Ste. 125, Orange, 92868 1-888-770-2462</p> | <p><u>Radiant Health Centers</u> 17982 Sky Park Circle, Suite J, Irvine, CA 92614-6482 949-809-5700</p> |
| Homelessness | | |
| <p>Families Forward 1-949-552-2727</p> | <p>Illumination Foundation 714-507-2459</p> | <p>Serving People In Need (SPIN) 1-714-751-1101</p> |
| Veterans/Military Services | Victim Assistance | WIC |
| <p><u>Strong Families. Strong Children</u> 1-714-953-4455</p> | <p><u>Crime Survivors Resource Center</u> Physical on Request PO Box 54552 Irvine, CA 92619-4552 844-853-HOPE info@crime survivors.org</p> | <p><u>Colette's Children's Home</u> 7372 Prince Drive, Suite 106 Huntington Beach, CA 92647 714-596-1380</p> |
| <p><u>Veterans Crisis Line</u> 1-800-273-8255 and Press 1 Text 838255 24/7</p> | <p><u>CA Victims' Services Unit</u> (877) 433-9069 victimsservices@doj.ca.gov</p> | <p><u>Women, Infants & Children (WIC) Program</u> Immediate Assistance: 800-224-7472 Automated Tel: 1-888-942-9675 In-Person Tel: 1-800-852-5770 Email: WIC@cdph.ca.gov</p> |



Mental Health Referrals

| | | | |
|--|---|---|--|
| <p><u>Alliance Psychiatric Group</u> 17601 17th St., #120, Tustin, 92780 1-714-769-6090</p> <p>Insurance: Takes most insurance <i>PSYCHIATRIC Services</i></p> | <p><u>Western Youth Services</u> <u>Outpatient Clinic</u> 200 W. Santa Ana Blvd., Ste. 801, Santa Ana, 92701 1-714-704-5900</p> <p>Insurance: Medi-Cal only Ages 20 and Younger <i>PSYCHIATRIC Services +Testing</i></p> | <p><u>UC Irvine Health Psychiatry</u> <u>Services</u> 101 The City Dr. S., Bldg. 3, Orange, 92868 1-714-456-5902</p> <p>Cost: Evaluation \$150 Follow-up \$100-\$130 <i>PSYCHIATRIC Services</i> <i>Bluecross/Blue Shield</i></p> | <p><u>Community Health Enrichment</u> <u>Collaborative Family</u> <u>Resource Center</u> 27412 Calle Arroyo, San Juan Capistrano, 92675 1-949-489-7742</p> <p>Cost: Sliding Scale Therapy in English & Spanish <i>PSYCHIATRIC Services</i></p> |
| <p><u>California Family Institute</u> 2900 Bristol St., Ste. C-208, Costa Mesa, 92626 1-949-381-1510</p> <p>Cost: Sliding Scale Therapy in Spanish available</p> | <p><u>Costa Mesa Family</u> <u>Resource Center</u> <u>(CMERC)</u> 307 Placentia Ave., Ste. 203, Newport Beach, 92663 1-949-764-4543</p> <p>Cost: Sliding Scale</p> | <p><u>OC Health Care Agency</u> <u>Outpatient Clinic</u> 1200 N. Main St. Ste. 200, Santa Ana, 92701 1-714-480-6767</p> <p>Cost: Sliding Scale Insurance: No Private Insurance Medi-Cal is accepted <i>PSYCHIATRIC Services, Therapy</i></p> | <p><u>OCAPICA</u> 12912 Brookhurst St., Ste. 410, Garden Grove, 92840 1-714-636-9095</p> |
| <p><u>OMID Institute</u> <u>(Specialize in International</u> <u>Student Issues)</u> 2101 Business Center Dr., #150, Irvine, 92612 1-949-502-472</p> | <p><u>Frances Smith Center for</u> <u>Individual & Family</u> <u>Therapy</u> 501 W. Palm Ave., Orange, 92868 1-714-997-6746</p> <p>Cost: Sliding Scale Insurance: No Medicare, Medi-Cal, CalOptima, or Healthy Families</p> | <p><u>Hurtt Family Health Clinic</u> 1 Hope Dr., #0221, Tustin, 92782 1-714-247-0300</p> <p>Cost: Sliding Scale Insurance: Medi-Cal Only <i>PSYCHIATRIC Services</i> *Faith Based; Mainly Primary Care Services</p> | <p><u>Logical Behavioral Health</u> 4000 MacArthur Blvd., Ste. 600, East Tower Newport Beach, 92660 1-949-432-9173</p> <p>Cost: Insurance only <i>Neurological Testing</i></p> |
| <p><u>OC Health Care</u> <u>Agency Outpatient</u> <u>Clinic</u> 1200 N. Main Street, Suite 200, Santa Ana, 92701 714-480-6767</p> <p>Cost: Sliding Scale</p> | <p><u>Pepperdine</u> <u>University</u> <u>Counseling Center</u> 18111 Von Karman Ste. 401, Irvine, 92612 1-949-223-2570</p> <p>Cost: Sliding Scale (\$15-\$90)</p> | <p><u>The Norooz Clinic Foundation</u> 1560 Brookhollow Dr #212, Santa Ana, CA 92705 (714) 386-9171</p> <p>Cost: Sliding Scale <i>EMDR, Testing Services</i></p> | <p><u>Turning Point Center for Families</u> 3151 Airway Ave., F-206A, Costa Mesa, 92626 1-714-547-8111</p> <p>Cost: Sliding Scale</p> |
| <p><u>Mariposa Women & Family</u> <u>Center</u> 1845 W Orangewood Ave. Suite 300 Orange, CA 92868 1-714-547-6494</p> <p>Cost: Sliding Scale Therapy in English & Spanish</p> | <p><u>Share Our Selves (SOS)</u> <u>Community Health Center</u> 1550 Superior Ave, Costa Mesa, 92627 1-949-270-2100</p> <p>Cost: Sliding Scale Insurance: Medi-Cal/most insurance <i>PSYCHIATRIC Services</i></p> | <p><u>South Orange County Family</u> <u>Resource Center</u> 580 W. Sixth Street. Tustin, 92780 714-243-4292</p> <p>Cost: Sliding Scale Therapy in English & Spanish <i>PSYCHIATRIC Services</i></p> | <p><u>Patient Mental Health Rights</u> PatientsRights@dhcs.ca.gov</p> <p>(English, Spanish, Korean, Cantonese, Farsi, Russian, Tagalog, Vietnamese, Arabic, Cambodian)</p> |